

We are the only charity in the UK and Ireland dedicated to supporting women and birthing people diagnosed with cancer in or around pregnancy.



# We offer support to patients diagnosed with cancer...

- ☆ while they are pregnant
- up to 12 months after birth
- diagnosed in pregnancy or the 12 months before baby loss

## to refer a patient

visit www.mummysstar.org/contact

The sooner you refer a patient to us, the sooner we can support their emotional, financial and wellbeing needs.

### **Our support**

We can provide eligible patients with:

- ☆ dedicated support worker
- ☆ small grants programme
- ☆ peer support forums
- ☆ partner & children support
- ☆ signposting and resources
- ☆ end of life and pre-bereavement support

We can also provide emotional and peer support to healthcare professionals and our website has a Healthcare Support section, including useful information, articles, blogs and case studies.



### find out more

www.mummysstar.org









Registered Charity: England & Wales (1152808), Scotland (SC046449) & Ireland (20106812). Registered Company (8548961).

# Cancer & Pregnancy

advice and support guide for Healthcare Professionals

by Mummy's Star

### Learn with us

# We deliver bespoke Cancer & Pregnancy training sessions

Perfect for students, trainees and healthcare professionals, our training sessions can take place in-person or online and are delivered by our CEO and founder Pete Wallroth.



Combining up-to-date facts and information alongside personal testimony and case studies from our families, this training will prepare you for the realities and challenges of caring for a perinatal patient diagnosed with cancer.

#### to book a training session

please email training@mummysstar.org

"I found the presentation informative, professionally run and very interesting. I now feel more confident in supporting anyone who is pregnant and diagnosed with cancer under my care."

Midwifery student at Canterbury Christ Church University

### Will you spot

cancer symptoms in or around pregnancy?

It is estimated that

1 in 1000 pregnancies

are affected by a

cancer diagnosis

Patients may share their concerns with many different professionals including their Midwife, Health Visitor, GP, Practice Nurse or Receptionist. That's why **you** need to know which...

cancer symptoms can be masked by pregnancy and the post-natal period.

#### www.mummysstar.org

Nicola was attending a routine ante-natal appointment when the Practice Nurse noticed a large mole on her arm. She was later diagnosed with melanoma skin cancer. Scan to read her story.



### See the symptom



Make the same checks and referrals as for a non peri-natal patient.



baseline blood tests



physical examination



use Urgent Referral Clinics or Non-Specific Symptom Pathway

and trust your instincts!